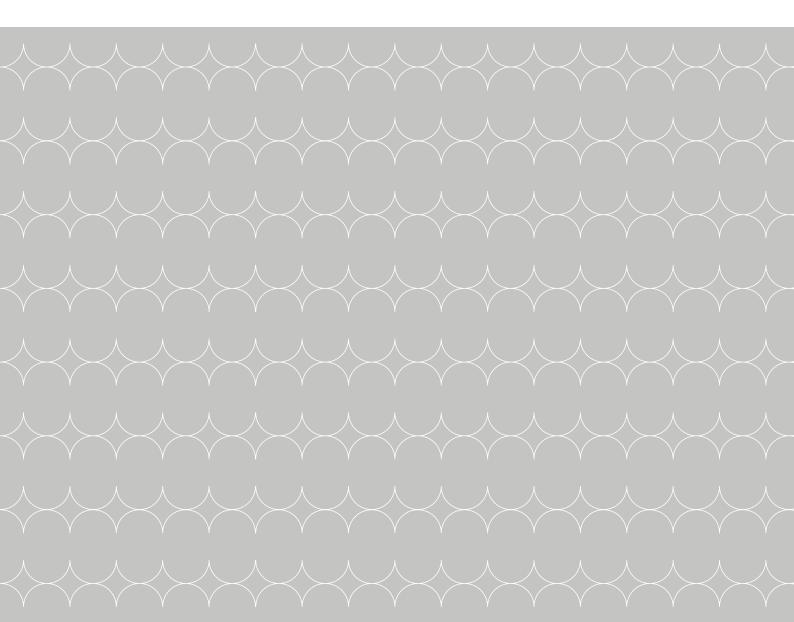
# **RW·PERIO**



## Treating Gum/ Periodontal Disease

ANSWERS TO COMMON QUESTIONS ABOUT TREATING GUM/PERIODONTAL DISEASE





### Treating Gum/ Periodontal Disease

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ANSWERS TO COMMON QUESTIONS ABOUT TREATING GUM/PERIODONTAL DISEASE

#### What is periodontal disease?

Gum (periodontal) disease is caused by bacteria that live in your mouth. The bacteria stick to your teeth and if they are not removed regularly will irritate the gums. This disease may destroy the attachment of the gum to the tooth forming a "pocket" between the gums and tooth. Bacteria can live in the pockets beneath the gum-line. The disease may destroy the bone, which supports your teeth, and this may mean that your teeth become loose and eventually fall out. Anyone can get periodontal disease but some people are more susceptible to severe disease than others. This is largely dependant on individual risk factors. These include: suboptimal oral home care habits, genetics, smoking, poorly controlled diabetes, stress, immunodeficiency, nutrition, medications and pregnancy.

#### Why have I been referred to a specialist clinic?

On some occasions, gum (periodontal) disease can be treated by a regular dentist or hygienist. However, if your condition has not responded well to past treatment or if it is severe or extensive, you may benefit from a referral to a gum specialist (periodontist). You will have a comprehensive specialist assessment and be offered specialist periodontal treatment options, which may not be in the scope of a general dentist or hygienist. However it is always a team approach and our specialist team will work closely with your dentist/hygienist.

Founded by Dr Reena Wadia, RW Perio has become the largest and one of the top specialist gum clinics in the UK.

Dr Reena is the Founder and Principal Gum Specialist at RW Perio. Following her 5 years at dental school and experience both in practice and hospital care, Dr Reena completed a 4 years rigorous specialist training programme. She is highly respected in the global dental community and a leader in the field of Periodontology.

#### What are the risks of not having further treatment?

Gum/periodontal disease can cause bleeding and swollen gums, bad breath, long teeth, gaps between teeth, tooth movement, increase the risk of root decay, tooth sensitivity, loose teeth and difficulty in chewing, which can all be addressed with treatment. It's imperative that active infection and deep periodontal pockets are treated otherwise it may result in eventual tooth loss. Recent evidence has also shown that periodontal disease is also associated with general health, including conditions such as diabetes and heart disease.

#### What should I expect at the first appointment?

The specialist assessment will involve will involve a comprehensive discussion to ensure we are aware of your personal concerns and aims of treatment. This will be followed by a detailed gum (periodontal) examination which involves measuring the position of the gums and determining whether or not spaces (pockets) have opened up between the gums and the teeth. It is important that before any treatment is suggested, the severity and extent of the disease are established. X-rays and photographs may also be taken. We will then discuss the findings in detail and suggest any required treatment. There will also be plenty of time to answer any questions you may have including costs and timings. The appointment will be approximatively 45-60 minutes in duration. The fee starts from £200 with an RW Perio Gum Specialist and the appointment will be appropriately 45-60 minutes.

#### **Examples:**

CONSEQUENCES OF GUM (PERIODONTAL) DISEASE

Bleeding and swollen gums



Gaps between teeth and tooth movement



TREATMENT RESULTS

Before



After



Before



After



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