



## FAQs

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**1. Why have I been referred to RW Perio and not another specialist clinic?**

Your dentist or hygienist would have recommended RW Perio for a number of reasons. They are a globally renowned state of the art clinic dedicated to only looking after patients with gum conditions and so the care is tailored to your needs. Your referrer might have also sent patients to us in the past who have achieved excellent results. Your dentist or hygienist will be in close communication with the RW Perio team and that's important as everyone needs to work together to ensure your condition is managed optimally. Some or all of these points may not be the same for a periodontist you seek out for yourself.

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**2. Is a gum specialist/periodontist the same as a normal dentist?**

The Gum Specialists at RW Perio complete their 5-year dental training and then go on to specialise in gums which takes another 4 years. At RW Perio all care is limited to gum health (from gum disease / conditions and aesthetics) and we do not carry out any other form of dentistry.

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**3. Who are the individuals assisting The RW Perio team?**

As well as nurses, many of the assistants at the clinic are qualified hygienists that are under a 3-month mentoring programme especially designed by Founder Dr Reena. So, in essence you will be looked after by up to three skilled clinicians during your appointments.

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**4. Can I eat/drink before and after treatment appointments?**

Yes. Please do eat something before your appointment as you will be numb after some of your appointments so will not be able to eat straight away. Once the numbness has worn off, you will be able to eat and drink anything you like – there are no special restrictions or instructions on this. If you are having surgery, you will be given specific instructions.

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**5. Does the treatment hurt?**

No. You will be completely comfortable at every appointment. After the treatment 9/10 of patients do not require any painkillers so discomfort will be minimal in the majority of cases. If you do require a painkiller, anything you take for a headache will be adequate.

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**6. I'm needle-phobic / don't like the dental injection, do you use this during the treatment?**

For all patients, we use The Wand which is a computer-assisted anaesthesia system. It looks like a pen and is much more comfortable than the regular dental injection. It wears off very quickly (usually 30 minutes) and it only numbs up your gums, so your face doesn't feel swollen or paralysed for hours after. You will be able to carry on with your day as normal after each appointment.

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**7. I'm extremely anxious, do you offer sedation?**

This can be arranged but at RW Perio we rarely need to use these services as there are many other ways of putting you at ease without the need for sedation. This can be discussed in more detail at your specialist assessment.

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**8. Am I allowed to listen to my own music?**

We have Spotify and will ask for your music choice before we commence treatment. You are free to pick anything you like. You are also more than welcome to bring your own headphones/device to listen to your own music/podcasts.

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**9. Are there any specific instructions for after care when I've had the Airflow treatment?**

Try to avoid anything that might stain your teeth for at least an hour. This includes coffee, tea, red wine and cigarettes.

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**10. Should I be using interdental brushes before or after brushing?**

Interdental brushes should be used before brushing. This should be followed by a single tufted brush and then regular toothbrushing with a rechargeable electric toothbrush. Make sure you are using a fluoride toothpaste. Mouthwash is not necessary unless specifically recommended by us.

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**11. What's the difference between the advanced hygienists working at RW Perio and the local hygienists?**

The advanced hygienists working at the specialist clinic have been personally trained by RW Perio Founder Dr Reena. They are able to provide more advanced care in a specialist practice setting under Dr Reena's close guidance, and they have a Postgraduate Diploma in Periodontics. The advanced hygienists work under the RW Perio specialist prescription as to what is required. The equipment used by the advanced hygienists may also differ and the time they have in the clinic to care for you is also likely to be significantly more than that possible with your local hygienist.

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**12. Is it okay to see my local hygienist whilst seeing you?**

Other gum treatment including regular hygiene care should not be completed at your local practice once you start your treatment at RW Perio as this may interfere with gum healing and treatment results.

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**13. When do I see my local hygienist again?**

We would recommend that all patients stay on at RW Perio for a year on a maintenance programme with our advanced hygienists. Our specialists would then reassess you at a year and if the condition is stable, would suggest seeing your local hygienist again. Of course, if you do prefer to have maintenance with us long-term then this can be arranged.

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**14. How often do I need to see an RW Perio advanced hygienist?**

Once your treatment has been completed, we usually advise maintenance on a 3-monthly basis, but we will recommend the most appropriate interval when we have reassessed you after the treatment has been completed. Maintenance is just as important as the treatment and if regular maintenance is not carried out, you are 3 times more likely to lose your teeth.

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**15. What finance options are available?**

Payment is usually made at the end of each appointment. We take debit or credit cards including American Express and Apple Pay. We also take cash. If you are not able to pay per appointment, then we can look into finance options where you can split payment (interest-free) over a period of 3/6/10 months. If this is required it would need to be arranged at least 2 weeks in advance of your appointment so please do let us know as soon as possible if this is needed.

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**16. Do I need to keep my referrer up-to-date with matters?**

The RW Perio team will be in close correspondence with your referrer at all times so there is no need for you to do anything. They will be updated at all relevant points so that everyone is working as a team in your best interest.

If there are any other questions at any point during your care with us, please do not hesitate to ask us during your appointments. You can also call or email us and contact us via WhatsApp Business.

**RW · PERIO**

LONDON'S GUM SPECIALISTS



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